

Dr. Patricia Szriftgiser

EDUCATION

2006

Licensed Mental Health Counselor
State of New York

1988

POST GRADUATE STUDIES IN PSYCHOANALYSIS
Graduate Psychotherapy School

1983

M.A. PSYCHOLOGY, Argentine University
John F. Kennedy, Buenos Aires, Argentina

1982

B.A. PSYCHOLOGY, Argentine University
John F. Kennedy, Buenos Aires, Argentina

SYNOPSIS OF QUALIFICATIONS

Psychotherapy/Training/Counseling

M.A. and B.A. in Psychology. Graduate Training in Psychoanalysis. 30+ years as a multilingual psychotherapist in clinics and private practice. Expertise in individual, couples and group counseling of adults and adolescents, crisis management and post traumatic stress disorders. Consulting and Psychotherapy services to crisis/post-traumatic stress victims/families/survivors. Training of staff using expertise in domestic violence and trauma.

Communications

Presenting to small and large groups. Public speaking to large audiences and the media. Demonstrated track record of providing help to individuals, groups, organization. Public relations strategies and crisis management. Director of two crisis management events for the Israeli Embassy in Argentina and Argentina Jewish Community Center in Buenos Aires, Argentina after terrorist bombings.

Teaching/Training/Consultation/Organizational Development

Taught courses and seminars in Uruguay, Chile, Ecuador, Israel. Background in coaching, motivation building, consulting, organizational development, staff recruitment, and team building and leadership training in for-profit and not-for-profit organizations. Staffing and management for small to mid-size corporations and Internet start-ups. Management training in leadership techniques. Neurolinguistic programming.

PRESENTATIONS

2010

Emotional Eating - Understanding it and Identifying the signs

Lecturing for Ironwill Foundation, presenting in bilingual english-spanish simultaneously.

2009

Presenter, PTSD and Immigration issues,NAMP

2008

Guest Speaker, American Psychological Association, Trauma and Recovery

2007

Presenter Cross Cultural conference

2006

Presenter Police Academy New Jersey

2005

Presenter-Latino Parenting Journey, Passaic, New Jersey

2004

Presenter-PTSD and Terrorism-Jewish Family Service, Clifton, New Jersey

2003

Presenter in United Passaic Organization Health Care and Social Services Committee
Issues of Domestic Violence and Prevention.

2002

Presenter-œ Latino Ethnic-cultural identity, migration, exile and PTSD caused by terrorism.

The Third Annual Conference-The Latino Psychological Association of New Jersey.

2001

Guest Speaker, Jewish Family Service, Clifton, NJ

Talk on issues of survivors and counseling people in extreme life crisis.

2001

Presenter, Senior Citizens of JCC of Greater Clifton-Passaic.

Talk on coping with world crisis and Jewish communities around the world

WORKSHOPS, SEMINARS ATTENDED, OTHER TRAINING

2009 (June)

Healthy lifestyles and diet

2008 (November)

PTSD and post war

2007 (June)

Betray & Forgiveness

2006 (June)

Trauma and Healing - NAMP - Arkansas

2005 (July)

Grant writing United Way, New Jersey

2005 (August)

Technology Grant Making , New Jersey

2004 (November)

Parenting Journey, The Family Center, Inc., Boston.

2004 (April)

The Secret Life of Families: Facing Contemporary Dilemmas in Clinical Practice
Association of Jewish Family Service Agencies of New Jersey, New Jersey.

2004 (July)

Strengths & Needs Assessment Tool.

NJ Dept. of Human Services - Partnership for Children, New Jersey

2003 (July)

Play Therapy for Traumatized Children.

Family Enhancement and Play Therapy Center, Hackensack, NJ

2003 (July)

Play Therapy with Adults.

Family Enhancement and Play Therapy Center, Hackensack, NJ.

2003 (February)

The Crucible Approach Therapist Workshop-Integrating Sexual and Marital Therapy.
Jewish Family Service, New Jersey.

2003 (July)

Release Play Therapy for Anxious Children

Family Enhancement and Play Therapy Center, Hackensack, NJ.

2003 (July)

Cognitive Behavioral Play Therapy: Theory and Practice
Family Enhancement and Play Therapy Center, Hackensack, NJ.

2002 (February)

Helping Children Resolve Attachment and Aggression Difficulties in Play Therapy and at Home, The Use of Parent-Child Play Sessions.
Jewish Family Service, New Jersey.

2002 (April)

Organizing for Change: Classicism, Racism, Homophobia, Cultural Imperialism and Violence Against Women, Cherry Hill, NJ

2002 (December)

ADHD in Children and Adolescents: Nature and Management, Fairleigh Dickinson University, New Jersey.

2002 (October)

Basic Skills in Developing Cultural Competency.
Jewish Family Service of Central New Jersey, New Jersey.

2002 (April)

Trauma and Anger, A Life-Span Cognitive-Behavioral Treatment Approach.
The Association of Jersey Family Service Agencies of New Jersey, New Jersey.

2002 (June)

Symposium: For the Girls: Gender Specific Programming and Treatment Strategies,
Passaic County Children's Interagency Coordinating Counsel and Passaic County Special Commission o Child Abuse and Missing Children, Passaic County Division of Addiction Services, New Jersey.

2002 (January)

Community Stress Prevention, by Alan Cohen from Israel.

2001 (November)

Core Concepts of Sexual Assault Training.
The Passaic County Women's Center, New Jersey.

2001 (November)

Coping with Disaster and Dealing with the Traumatized.
Hebrew-Union College-Jewish Institute of Religion, New York.

2001 (September)

Training by the American Red Cross on post-traumatic stress counseling in the aftermath of 9/11.

1994

Trained in Israel in crisis intervention and counseling in relation to threats to the Jewish community. Expertise in PTSD to terrorist attacks.

Trained to be Managing Director during crisis of the terrorist attack and the aftermath.

LANGUAGES

Spanish

English

Hebrew

Yiddish

French (Comprehension)

Italian (Comprehension)

Portuguese (Comprehension)

PUBLICATIONS, MEDIA APPEARANCES

Published articles for the Wall Street Journal.

Interviewed by 60 Minutes, CNN and NBC News about post-traumatic stress disorder.

HONORS AND AWARDS

Received commendation letter from Israeli Ambassador in Argentina for providing assistance and leadership with regard to terrorist attacks and anti-Semitism in Argentina.

Certificate of Appreciation, the Little Falls 1st Annual Game of Life Program, awarded on behalf of The Little Falls Municipal Alliance for the Prevention of Alcohol and Drug Abuse, 1/29/04

Certificate of Appreciation, West Paterson's 1st Annual Game of Life Program at Memorial School, 12/12/2003 presented by The West Paterson Municipal Alliance for the Prevention of Alcohol and Drug Abuse

Certificate of Appreciation, First Annual Clifton Game of Life Program, awarded on behalf of CASA (Clifton against Substance Abuse) and Clifton Board of Education

PROFESSIONAL POSITIONS

2010

President and CEO My Power Foundation - Non profit organization.

2009-Present

Board Member

Riskin Children's Center-Greater Clifton-Passaic

2006-Present

Board Member

Northamerican Psychological Association

2001-Present

Private Practice

Manhattan - Nyack - Fort Lee

2001-Present

PSYCHOTHERAPIST (MULTILINGUAL)

Jewish Family Service & Riskin Children's Center in the Greater Clifton, NJ

Effectively using a variety of therapeutic modalities in providing therapeutic services for individuals, families, couples and groups.

Function as "expert" with regard to issues of domestic violence, crisis management, and post-traumatic stress syndrome.

2001-Present

DIRECTOR OF CROSS-CULTURAL MENTAL HEALTH SERVICES

Jewish Family Service & Riskin Children's Center in the Greater Clifton, NJ

In charge of providing services to diversity populations, different cultures and backgrounds in couples and marriage therapy and family settings. Helping them to understand their differences and honor them as well.

2001-2009

Intake Supervisor

Jewish Family Service & Riskin Children's center.

2000-2002

TOP SENIOR PSYCHOLOGIST

AOL (America Online)

In-charge of weekly community live chat compassing all issues in psychology and coaching in human resources.

2000

RECRUITER/CONTRACT MANAGER

AOL

In charge of recruitment of mid and top management personnel/headhunter.

Developed process of work orientation process and training of new hires.

1997-2001

FOUNDER & PRESIDENT

PS Consulting

Provided consulting in human resources executive search company.

Conducted in-house seminars on teamwork, leadership, and motivation.

1996-1997

DIRECTOR

Choice Human Resources Consulting

Provided consulting in human resources.

Responsible for executive search and trainings.

1994

CRISIS MANAGEMENT DIRECTOR

Jewish Community Center of Argentina

Developed strategy and program to assist families of victims and survivors cope with the aftermath of Jewish Community Center bombing.

1992

DIRECTOR

Israel Embassy in Argentina

Developed assistance program for survivors and families of individuals affected by the terrorist attack to the Embassy.

1986-Present

PSYCHOANALYST-PRIVATE PRACTICE

Provide psychotherapy services for individuals, families and couples. Worked with American Red Cross to run Post 9/11 Survivor's Group. Worked with various issues including anxiety, depression, guilt and substance abuse.